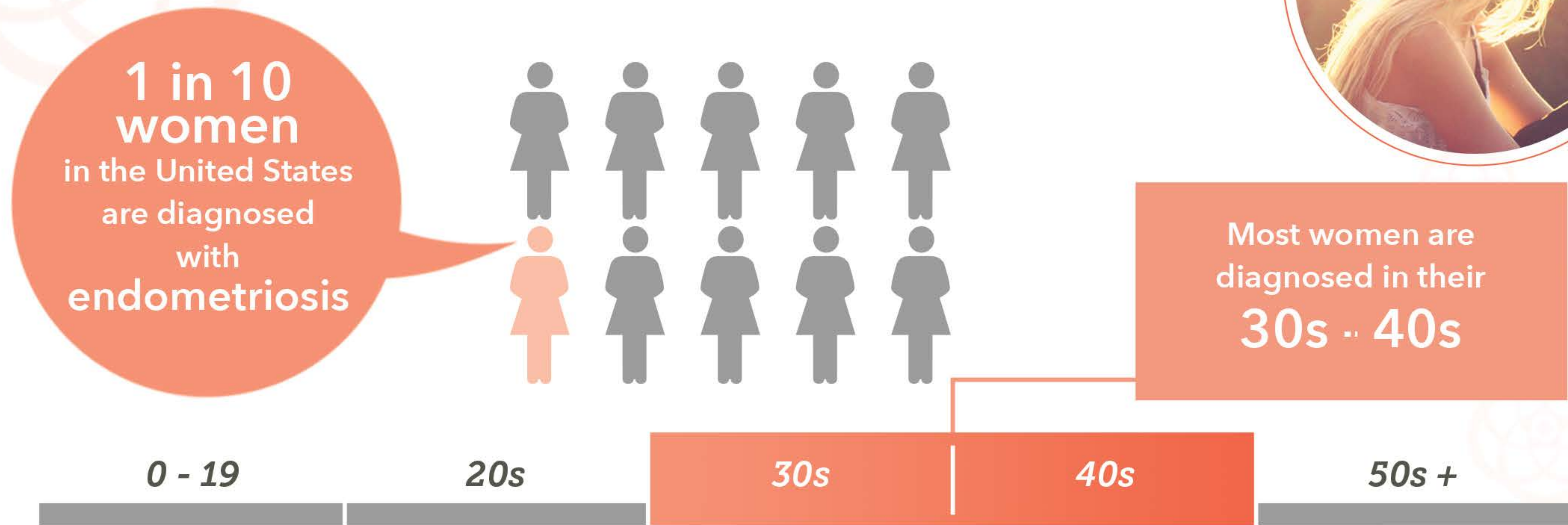


# Endometriosis & Infertility



Endometriosis occurs when tissue forms outside of the uterus. Endometriosis may grow on the outside of your uterus, ovaries, and fallopian tubes. The tissue growth can cause pain and adhesions.



Endometriosis & endometrial cancer are **NOT** the same thing

- Some women visit multiple doctors before being diagnosed
- Painful periods are **NOT** normal

## Endometriosis Symptoms

- pelvic pain
- abdominal pain
- painful menstrual cycles
- pain during intercourse
- infertility

Some women have no symptoms at all

## Endometriosis Scoring System

- Stage 1** minimal\*
- Stage 2** mild\*
- Stage 3** moderate
- Stage 4** severe

\*Stage 1 or 2 endometriosis can cause severe pain for some, and more advanced disease may not cause much discomfort for others.

## Diagnosing Endometriosis

Endometriosis is diagnosed through a laparoscopy. Laparoscopy is a minimally invasive surgery. The surgeon uses a laparoscope, a thin telescope-like instrument, through a very small incision in the abdomen to look for endometriosis.

## Treatment Options

Surgery can benefit those in pain or having sub-fertility regardless of stage. Early endometriosis still causes an inflammatory response around the tubes and ovaries that disrupt conception. Thus the negative impact on fertility. Removal of endometriosis enhances the health of the reproductive system, it does not just maintain it.

With more advanced endometriosis (stages 3 & 4), surgery can help treat endometriosis. With surgery, many patients are worried about further damaging their infertility. Proper surgery should remove pain-causing endometriosis while maintaining the health of the reproductive system. Educate and empower yourself about your endometriosis and treatment options.

*"What we've seen makes us want to cry with our patients. Help us spread the word so we can sew happiness for people by helping them get their lives back and achieve their fertility goals with life changing treatments."*  
-Dr. Kaldas



**Kaldas Center is here for you!**  
Schedule your appointment today: (920) 886-2299